



Dutch Community News

Dutch Society

NEERLANDIA



Official Publication for the Dutch Community in Western Australia



Dutch Aged Care



ANSWA



Dutch Community Radio

Perth WA

June 2015

Volume 47 Issue 5



This ancient Waterpoort can be found in the city of Sneek, Friesland. This gate was a part of the city wall, but it is now the only remaining part. It has been declared a Rijksmonument. More on Sneek on pages 24-25.

Social functions calendar & Clubhouse contacts

Important: The entries below are an indication only of what events are planned during the coming months and the information given may not always be accurate and could be subject to change.

For up-to-date accurate information, **always** refer to the larger function advertisements inside this paper or the posters displayed in the clubhouse.

Upcoming Functions to be held in the Neerlandia clubhouse or in other venues as shown:

Fri 29 May	<u>"End of Month Drinks"</u> (Additional details on page 12)	5.30 pm
Thurs 4 June	<u>"DJVV Meeting (fortnightly)"</u>	Shop open
Tues 9 June	<u>"Tuesday Afternoon Bingo"</u> (Additional details on page 9)	11.00 am
Sun 7 June	<u>"Sunday Klaverjas Drive"</u> (Additional details on page 23)	11.00 am
Thurs 18 June	<u>"DJVV Meeting (fortnightly)"</u>	Shop open
Tues 23 June	<u>"Tuesday Afternoon Bingo"</u> (Additional details on page 9)	11.00 am
Fri 26 June	<u>"End of Month Drinks"</u> (Additional details on page 12)	5.30 pm
Thurs 2 July	<u>"DJVV Meeting (fortnightly)"</u>	Shop open
Sun 5 July	<u>"Sunday Klaverjas Drive"</u> (Additional details on page 23)	11.00 am
Tues 7 July	<u>"Tuesday Afternoon Bingo"</u> (Additional details on page 9)	11.00 am
Thurs 2 July	<u>"DJVV Meeting (fortnightly)"</u>	Shop open
Tues 21 July	<u>"Tuesday Afternoon Bingo"</u> (Additional details on page 9)	11.00 am

Clubhouse Address:

230 Cambridge Street,
Wembley WA 6014
ABN: 33 211 869 383

Postal Address:

P. O. Box 200,
Wembley, W. A. 6913

Clubhouse Contact:

Tel: (08) 9381 3738

Fax: (08) 9388 0848

Email: neerlandia@iinet.net.au

Webpage:

www.dutchclubwa.com

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Private Members Parties:

For bookings of Private Members Parties or information that is not in this magazine, please phone:

Margaret Baltes on: 9305 2434

or phone Lianna Parker on: 0437 629 635

Minimum charges for using our Clubhouse facilities are:

Use of Hall from \$275.00 (Incl. GST)

Use of Lounge from \$100.00 (Incl. GST)

Use of Kitchen from \$100.00 (Incl. GST)



The Windmills Option

In the previous President's Report, I could tell you that negotiations with the Windmills Committee, the City of Bayswater and ourselves were still ongoing. The reason for this ongoing process was

that we, the Neerlandia "Windmill's Workgroup", had to get a full understanding of what would be involved with a move of our Club to the clubhouse of the Morley Windmills.

Over the past seven months we have gathered more information and, as we did so, we broadened our knowledge of the relationship between The Windmills and the City of Bayswater; we also gained better understanding of how The Windmills, as an organization, is run. In all of our discussions and considerations, our sole focus has been that every decision of the Workgroup had to be to the benefit of the Neerlandia members, both financially and socially and that every decision had to benefit (the future of) the Dutch Club in WA.

As expected there were no deal breaking problems with the social side of the move, though there were many issues that would need sorting out before any move took place. However, as we learned more we became increasingly concerned of the standards, and therefore of the cost of the renovations that needed to be carried out to adhere to legal and planning requirements to modify the current Morley club house to meet the requirements of our club.

In addition to that, we felt even more concerned when the City of Bayswater presented the Windmills with a new lease. The current lease has a validity of only another two years; the new lease is a substantial redraft with many new terms and conditions. In considering the terms of this new lease, the Neerlandia Workgroup concluded that, while these may be acceptable to the Windmills club in its present format, they were likely to impose on Neerlandia, as the incoming party, a financial burden beyond

Neerlandia's capabilities and that the security of tenure, once we had committed to any costs, imposed too great a risk for the security and future of our club. This led us to the conclusion that this new lease would have made our future position very vulnerable and that we would have lost control over our own destiny. The latter is what we aim to keep: control over our own destiny.

Therefore, during the Neerlandia Committee meeting of 11 May 2015, the Windmills Workgroup advised the Neerlandia Committee, based on all the factors that the Workgroup had considered and became aware of, that Neerlandia should not proceed with a move to the Morley Windmills Clubhouse, until certain conditions have been met or resolved to our satisfaction.

What does all this mean for Neerlandia and its members? This means that we are, for the moment, staying in our own club house, while we look around for other options. We are not looking for other organizational options but other location options.

Some of you have suggested that the Committee doubles the membership fee to cover costs. Apart from the fact that a 100% increase in fees would be unacceptable to most members – those present will remember that only two or three members indicated support when we asked the members present about a doubling of fees during the information afternoon in June 2014 - even membership fees of that magnitude would not solve the long term problems associated with keeping open the Neerlandia club house for the present and projected future Neerlandia membership. In previous President's Reports and in the last two AGM's we explained clearly, with and without slide shows for illustrations, what the problems are that Neerlandia is facing; doubling the membership fees is not the solution to those problems.

To save Dutch Society Neerlandia from slowly going under, the Dutch Club and its present business model has to be re-invented; what has been the norm for the last forty years must be radically changed if there is to be a future club

(Continued on page 4)

President's Report (cont.)

(Continued from page 3)

for Western Australians of Dutch heritage. As part of the recent processes the Neerlandia committee has explained in detail to the membership the problems inherent in the present business model (high fixed costs, increasing variable costs, underutilization, declining core membership, declining revenue, shortage of volunteers, etc.). We have to move on and find acceptable solutions.

Now going back to the Windmills option, we have clearly stated to the Windmills committee that under the present circumstances we don't feel comfortable with a move of Neerlandia's membership to the Windmills' club house. However, were the present circumstances to change in favour of Windmills and Neerlandia, the Neerlandia Committee will certainly re-assess the possibility of a move. As you can imagine, the Workgroup's advice against a move to the Windmills was not given lightly.

CONGRATULATIONS!!!! THE FOLLOWING ARE NOW MEMBERS OF THE DUTCH SOCIETY NEERLANDIA

Tinie Cameron-Hoogeveen

Members of the Workgroup and its advisors did not always agree with each other. However, we have always listened to each other and we have always respected each other's point of view. It is for those reasons that we are still amicably working together with the same goals in mind. It is with the same respect we treated and were treated by our counterparts at the Windmills who, quite understandably, are very disappointed that the move of Neerlandia to their Morley clubhouse is, for the time being at least, not going to go ahead. Like us, they want the best for their club and Neerlandia moving in would have been of great benefit to the Windmills.

However, time will tell if and when a move like that will happen.

Until such times, Neerlandia is looking for alternatives in order to preserve the Dutch Club in WA and to provide a comfortable environment for its members.

Lianna Parker

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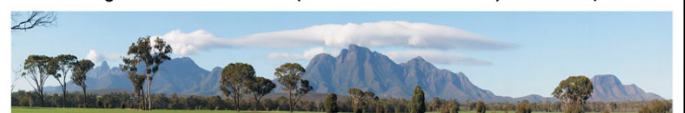
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April End of Month Drinks

End of he Month Drinks

April End of Month Drinks was another long weekend so initially the evening was a bit slow but eventually we finished up with a happy group of about 75 patrons. The latest DVD Vrienden van de Amstel appeared really popular and everyone enjoyed the “meezingers”.



Harry vd Berg showing his favourite hair colour

The market stall with presents, like Dutch oven gloves, tea towels and lovely pearl necklaces and matching bracelets with Dutch detail, proved a success for upcoming Mother's Day. As this End of Month Borrel was in the Koningsdag weekend, a lot of those people present were wearing Orange, which complemented the nicely decorated hall - thank you Ed, thank you



Charlie for assisting us with the decorating!
All volunteers and bar personnel, as always: great work!
Lianna Parker.

(The following edited letter was received from one of our members. Editor)

April End of Month drinks

I took my sons and their friend to the End of Month Drinks. My youngest son is 9 years old and the oldest is 12 years old; for many years I didn't interact with the Dutch community and my children didn't get exposure to Dutch food either. In particular food like kroketten and bitterballen, so this time I wanted to give them a nice treat. I bought each a children's menu, plus 10 Bitterballen for all of us and a Broodje Krokot for myself. The fries went down well but the Krokotetten did not go so well, they are not used to the taste, although you would expect deep fried food is always a success. So, unfortunately I needed to eat the 10 Bitterballen all by myself! For me that was a treat!

Afterwards we played games that we brought in ourselves. My oldest son and his friend played a game of chess, this was followed by a game of Monopoly with the four of us. We didn't finish the Monopoly game, so we took a picture of the board for another time. Before we went home the children played with a Sony Playstation and in the last 15 minutes of our stay they all got intruded to the game of sjoelen. Thanks Neerlandia for this wonderful End of Month Drinks by thinking about our members of all ages.

Machiel van der Stelt



Catriona Law and Friend; Marnix & Lieke

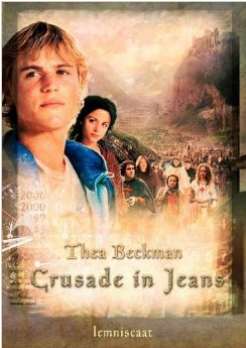


Geert Bakker, Jan de Geeter, Henk Broerse, Nelly Bakker, Anna de Geeter, Ellen Broerse & Lianna Parker



De BoekHoek

This time an oldy goldy book from the Netherlands, which I read to my children. I read the Dutch version myself about 25 years ago and recently again. Then recently I read the English version to my children. I am talking about "Kruistocht in Spijkerbroek" or



"Crusade in Jeans" by Thea Beckman.

I think this is a great adventure book, also with historical and geographical facts, which acts as an educational experience for the readers.

The story starts with the 20 century Dolf who is transmitted through time back to the 13th

century; he was eager to go there so he could attend a real Knight Sword fight and tell a bit about it when he went back to his own time.

But unfortunately, because of an error he is transmitted to the wrong place; trying to make sense of his new situation he tries to go back after a few hours, as agreed with the scientist, who transmitted him there in the first place.

Unfortunately that goes wrong as well, but he gets a big shock when thousands of children are marching past him, seemingly on a crusade; not knowing if he ever will be able to return to his own time, he decides to join the army of children to make the best of it.

As written above, this book is available in both English and Dutch; the original Dutch version we have available in our library, so you are always welcome to borrow this book.

There was also a movie made from this book, but it seems a strange adaptation as the movie only covers the first half of the book.

Anyway this book is very significant for me as a person, as I read it for my final exam at school and I was so moved by this book that it redefined my appreciation of stories and of story telling.

Machiel.

De Kookhoek

Nicole is de inspiratie voor onze KookHoek. Zij is geboren en getogen in Nederland en komt uit een Nederlands-Indisch gezin. Eten, in de ruimste zin van het woord is haar passie: zij bereid het en kweekt zelf vele van de ingrediënten; ze leest en zij schrijft erover - elke dag werkt zij met eten. Nicole heeft ons toestemming gegeven om haar blog als bron te gebruiken voor onze maandelijkse KookHoek, iets waar we heel erg blij mee zijn.

Frikandellen

The Men's Choir of Heukelum, a small town in the province of Gelderland, is the annual scene for a highly culinary event: the Frikandellen Eating Competition for the challenge Trophy, the "Golden Frikandel."

Gelderland is no stranger to interesting sausages: it is supposedly the birthplace of Gelderse Kookworst and Rookworst. In Dutch, worst means sausage, which may, on the whole not be totally coincidental, as the meat used for many of these sausages is not exactly the best. The Gelderse version is made of lean pork, seasoned with a particular set of spices and slightly smoked over oak and beech, then eaten either cold (kookworst) as luncheon meat or boiled (rookworst) with split pea soup or boerenkool, that lovely wintery dish of mashed potatoes with kale.



So what is a frikandel?

It's a skinless deep-fried sausage, made of chicken, pork and beef. It can be served by itself or with mayo, in a roll (broodje frikandel) or cut open and

doused in mayo, (curry) ketchup and minced onion. This culinary concoction is called a "frikandel speciaal". This savory sausage is Holland's number one snack, only every so often bumped off its champion position by number two, the Kroket, the big brother of the Bitterballen. Fried snacks such as these are traditionally sold in neighborhood "snack bars" or "automatieken", automatic food dispensers. Kroketten, Bitterballen and Frikandellen are also the top three fried snacks most missed by Dutch expatriates. The first two are fairly easy to make, but I had never tried my hand at making frikandellen until this weekend.

It's a bit of a hassle but you'll be surprised at how close to the real thing this recipe is. So get your mayo, ketchup and onions ready, because it's time for a frikandel!

Frikandellen

- 1 pound of beef
- 1 pound of pork
- 8 oz of chicken
- 3 teaspoons of salt
- 1 teaspoon of black pepper
- 1 teaspoon of ground allspice
- 1 teaspoon of ground nutmeg
- 3 teaspoons of onion powder
- 3/4 cup of whipping cream

Even Bijpraten

Buy the 3 types of mince or grind the meats and chicken very, very fine and blend together with the spices and the cream. Watch out for the motor if you do this with your food processor and do small batches to prevent overheating the appliance. Bring a large pan with water to a boil. If you have a sausage grinder or stuffer, just hang the end of the tube over the pan of boiling water. If you don't, you can make a contraption to push the meaty mush into a sausage shape: take a 16oz soda bottle, preferably with straight edges, and cut off the bottom. Find a glass or something solid that fits snug inside the bottle so that you can push the ground meat through the opening. You are going to need a lot of strength to do this! Please make sure the pan with boiling water cannot be bumped off the stove and keep kids, pets and impatient eaters out of the kitchen. Safety first!

Now fill the bottle with the meat, tap it tight so that there are no air pockets and hold the bottle over the water. Push the meat through the opening and have someone else cut the string of meat every ten



inches or so. The meat will shrink at least a third in the water, so the longer the better. Frikandellen measure on average a good seven inches long.

Allow the meat to boil for five to six minutes, on a medium boil, then retrieve the sausages and dry them on a cooling rack.

Once they've cooled, you can freeze them for future use, or you can crank up the deep-fryer. Straight from the cooling rack, they need about 3 to four



minutes in the hot oil (fry at 375F). For frikandellen speciaal you can cut them lengthwise, about 2/3s in, before you fry them.

Serve with mayo, with a bun or "speciaal". Good luck!!

Source: (met toestemming van) Nicole Holten, The Dutch Table <http://www.thedutchtable.com>

Maintenance

Thank you Ed vd Berg who fixed the official portrait of King Willem-Alexander and Queen Maxima to its rightful place. It had been a long time

coming to get someone tall and agile enough to replace the photograph of former Queen Beatrix with the current Dutch Monarch.

All is now as it should be.

For those regularly working in the cool room it was a nuisance to do so in the dark. Thanks to John Maarssen the light has been fixed again. John also replaced broken globes in the hall and last but not least he fixed the filter of the coffee maker. Thanks John, you are a Jack of many trades!

ANSWA Memorial Day

On Saturday 2 May ANSWA hosted the annual Dutch Memorial Day at the Dutch Enclave of the War Cemetery. This always evocative ceremony was visited by at least 80 people. Many dignitaries and members of the Dutch Community laid a wreath. Full report in the ANSWA Insert next month. Afterwards everyone was invited to join ANSWA



Marieke vd Berg, Brenda Wubs, Liora Ebben

for a coffee and Appelgebak in the Neerlandia Clubhouse in Wembley, where fresh flowers and classical music awaited the guests.

NEERLANDIA Committee

Much to the delight of those people who know her, Yolanda Strauss has joined the Neerlandia Committee as the successor of Inge, who will vacate her position at the next AGM.

Yolanda is an active Neerlandia member who is always taking the kitchen orders during End of Month Drinks. Yolanda is a welcome addition, full of ideas and energy. The Committee members are looking forward to working with her.

BINGO

Have you been to one of the Bingo sessions, so well organized by Henk Oorschot and Louis James? If you haven't, you should give it a try. More details on pages 8 & 9 in this magazine.



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BINGO BULLETIN

FROM YOUR FRIENDLY BINGO ORGANISERS.



The POST is a community newspaper distributed in the Wembley area where our Club House is located.

They have promised us that they will put an informative article about our Bingo Games in their paper and by doing so, create awareness that there are Bingo Games available to the public in our Club House in Cambridge Street.

Hopefully that will bring some more Bingo players to our games.

By the time that you will receive this Neerlandia Magazine, we

have been playing Bingo every Tuesday since the start of February this year. Despite

anticipation of great turn ups from many members along the way, we have only averaged about 10 players per game.

In order to give those people who are committed to other activities during the day, we introduced evening games every fortnight alternating with the day games. It did not make any difference. So it was decision time. We are committed to make our Bingo Games a success and as from June we are having our Bingo Games every fortnight, in the week that the DJVV do NOT have their day. And no more evening games from hereon. If you have never attended our Bingo Games, than you don't know that we have a lot of fun and laughs and the small group of regular players do really enjoy themselves and keep coming back. Ask your self: WHY?

Our present Bingo Permit expires by the end of July. Please prove to us by your increased attendance over the next few weeks that I should renew the permit by the middle of July.

As mentioned before, if 20 or more players attend, ONE PLAYER will play for FREE!!!!!!!!!!!!, also the Jackpot will increase by a further \$25 to FIFTY Dollars.

Henk Oorschot and Louis James



Bingo at Neerlandia

B I N G O - T U E S D A Y - B I N G O

Day games: 9th of June, 23rd of June - 7th of July, 21st of July

Games start at 11 am - Doors open at 10 am

No more evening games from here on as the attendances have been below expectations.

The Bingo games are a great way to relax and to catch up with other people whether they are members or friends, they all like to win and have fun.

SO JOIN US AT THE NEXT BINGO SESSION AND WIN SOME!!!!!!!!!!



Bingo Day game on Tuesday April 28th
9 Players, including Hans van Herwaarden from Adelaide, joined in with the winnings.



Bingo Night game on Tuesday May 5th
With 10 players we had a lot of laughs and fun and every body walked away with money won.



Bingo Day game on Tuesday April 14th
The 8 regular players on this photo with the Bingo callers, Louis and Henk, on either side.



Bingo Night game on Tuesday April 21st
Only 6 players this time but we had a lot of fun just the same. Why don't YOU come along.

Competition results of the various Card Clubs

CARD CLUB NEERLANDIA

Our first competition for the year ended on the 7th of May and the successful contestants are as follows:

Klaverjas

1st prize	Peter Segers	74096 points	\$25
2nd prize	Wilma Mitchell	72268 points	\$20
3rd prize	Gerda van Noort	71115 points	\$15

Average score: Piet Leeftang 66685 points \$10

Marsen prize	Peter Segers	27 marsen (no prize)	
Runner up	Janny Udinga	26 “	\$10

Bolivia

Weekly Players

Gerry Creemers	Prize Drawn	\$10
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Fortnightly Players

Thea Bloks	Prize Drawn	\$10
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Jokeren

Dora van de List	Prize Drawn	\$10
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Congratulations to all winners!

Earlier in the term we made up a folder inviting possible card players among the 'End of the Month Drinks' attendants to check us out and maybe join our happy gang. We hoped that by placing these on the tables for everyone to see, we might get a response from some Klaverjas, Bolivia or Jokeren enthusiasts.

Sadly, there don't seem to be any as we have not had a single enquiry. Pity.

We extend our best wishes to those among us whose health is not all one would wish for and sincerely hope better times are ahead.

The second competition for the year starts on 14th May and we wish every player the best of luck.
Card Club Neerlandia

Janny Udinga (Secretary)



Club Champion and runner-up. Piet and Wilma.

Wednesday Card Club

The results of the second competition for 2015 are as follows:

Klaverjassen:

1st prize:	Con van den Putten	75047 points	\$25
2nd prize:	Gerard Kluck	72714 points	\$25
3rd prize:	John van der Wielen	70992 points	\$25

Then there was a triple draw for the Marsen prize, which is for those people that scored the most marsen during the competition and each one was awarded the same prize money.

Marsen prize:	Freda Hovingh	25 marsen	\$10
	Bart Struyke	25 marsen	\$10
	Ron Bouwman	25 marsen	\$10

Bep Banken

Sunday Card Drive 3rd of May.

As usual we had 6 tables, which was 24 players. Lunch this time around was prepared by Frieda, ably assisted by Corrie.

And all the ladies helped with cleaning the dishes, a big thanks to you all.

There was a good atmosphere and everyone was happy, especially the three ladies, who won the competition.

As you will see the winning score was quite high, but the margin between the three top players was quite substantial.

To all the men participating in the competition, we would like to see you play better and see more of you on the winners list.

Prize Winners:

1st:	Shirley van Kwawegen	7395 points
2nd:	Elly Schenkelaars	7006 points
3rd:	Riet Heyman	6759 points

All in all, a very enjoyable day was enjoyed by everyone.

Gerry Creemers, organiser



**1 st prize: Shirley van Kwawegen (left)
2nd prize: Elly Schenkelaars (right)
3rd prize: Riet Heyman (centre)**

The following Members will celebrate their birthday during **the month of May 2015.**

We wish them all a very **Happy Birthday!**

Craig	Adamson
William	Grove
Ria	Nissen
Riki	Schaafsma
Cornelis	Heijmans
Gerard	Kluck
Jennie	Kluck
Agatha	Jongkrijg (100 on 11 Juni)
Frank	Goetschalckx
Yolanda	Strauss
Marius	van Moorsel
Maria	van Boeyen
Ronald	Willson
George	van Beek
Marieke	Elzinga
Agdi	Breen-Post
Beppie	van Maanenbergh
Bep	Tasma
Maria	Jansen
John	Erkins
Maud	Berg-Jacobs
Johan	Smit
Fiona	Blaauw
Jaap	Streppel



If your birthday is not mentioned or the details are not correct, this means that we have the incorrect data entered in our membership database. Or you may wish that your birthday is not mentioned at all.

To make changes to the above you need to send an e-mail to the following:

Membership Administration

E-mail address:

neerlandia@iinet.net.au

Oud worden in deze tijd.

Het is gewoon niet voor te stellen,
Je moet met een mobieltje bellen,
Je kunt er ook een tekst op lezen
Je moet altijd bereikbaar wezen
En dat kan dus niet gewoon
Met een doodgewone telefoon.

Wil je een treinkaartje kopen,
nee, niet naar de balie lopen
Daar is niemand meer te zien,
je kaartje komt uit een machien.
Je moet dan overal op drukken
in de hoop dat het zal lukken.
Pure zenuwsloperij,
achter jou zie je een rij
kwaad en tandenknarsend staan,
want de trein komt er al aan.

Bij de bank wordt er geen geld,
netjes voor je uit geteld.
Want dat is tegen de cultuur,
nee je geld komt uit de muur.
Als je maar de code kent,
anders krijg je vast geen cent.
Om je nog meer te plezieren,
mag je internetbankieren
Allemaal voor jou gemak,
heb je alles onder dak.
Niemand die er ooit naar vroeg,
blijkbaar is het nooit genoeg.

Man, man, man wat een geploeter,
alles moet met een computer.
Anders sta je buiten spel,
op www.punt.nl
Vind je alle informatie,
wie behoed je voor frustratie.
Als dat ding het dan niet doet,
dan word je toch niet goed.
Maar dan roept men dat je boft,
je hebt immers Microsoft.
Ach, je gaat er onderdoor,
je raakt gewoonweg buiten spoor.
Nee het is geen kleinigheid,
oud worden in deze tijd.
(De schrijver is onbekend)

Kitchen assistance

Vertaling van kruiden Nederlands-Engels

Op verzoek van Smulwebleden komt hier een lijst met kruiden in het nederlands en engels.

Mochten er kruiden ontbreken die je graag ziet in beide talen, laat het me dan even weten.

Anijs (zaad)	-----Anise (seed)
Basilicum	-----Basil
Bieslook	-----Chives
Cayenne Peper	-----Cayenne
Citroenmelisse	-----Lemonbalm
Dille	-----Dill
Dragon	-----Tarragon
Foelie	-----Mace
Gember	-----Ginger
Kamille	-----Chamomille
Kaneel	-----Cinnamon
Kerrie	-----Curry
Knoflook	-----Garlic

Komkommer Kruid	-----Borage
Komijn	-----Cumin
Koriander	-----Cilantro
Kruidnagel	-----Cloves
Laurierblad	-----Bay leaf
Lombok	-----Chili peppers
Marjolein	-----Marjoram
Mierikswortel	-----Horseradish
Nootmuskaat	-----Nutmeg
Oregano	-----Oragano
Paprika	-----Paprika sweet/hot
Peper	-----Pepper
Pepermunt	-----Mint
Peterselie	-----Parsley
Rozemarijn	-----Rosemary
Saffraan	-----Saffron
Selderijpoeder	-----Celery salt
Suiker	-----Sugar
Tijm	-----Thyme
Uienpoeder /zout	-----Onion Powder
Zout	-----Salt

End of Month Drinks

The next End of Month Drinks will be held on
Friday the 26th of June and the next one after that on
Friday the 31st of July.

If you would like to give us a hand to ensure we have enough volunteers to keep everyone happy, please contact Inge van Maanen ingevanmaanen@hotmail.com

Only with your continued support as volunteer will the EoM Drinks survive.

The Bar will be open from 5.30pm - 9.00 pm; the kitchen will close at 8pm.

And you are all welcome to come for some relaxation, meet up with old friends or make new ones and enjoy a Dutch beer or a Dutch snack or just a cup of coffee!

Available from the Kitchen there will be:

Fresh Coffee & Dutch Appeltaart!

A variety of traditional Dutch snacks.

And the Neerlandia Shop will be open for your convenience!

Everyone is welcome - Everyone is welcome



June 2015

CURA IN-HOME CARE NEWSLETTER

The Official Publication of Dutch Aged Care Western Australia Inc.

Trading as Cura In-Home Care

Consumer Directed Care (CDC) – New Choices in Home Care.

By now, most people who receive Home Care through Cura In-Home Care (Dutch Aged Care WA Inc.) will have had contact from our Home Care Co-ordinators to explain the new arrangements that will be in force for all who receive home care and will have signed up to a new Consumer Home Care Agreement which is effective from July 1 2015.

Elsewhere in this DACWA insert, there is an invitation to come to an information session, which we urge you (and your family if you wish) to attend so that you will be fully informed of the changes that are coming into effect on July 1 2015.

Up to now, recipients of Home Care packages have had little input into how the funds provided by the government were allocated. As from July 1 2015, the “Consumer” decides the level of involvement they wish to have in managing their individual package. This means that the Consumer could have involvement in all aspects of their package or down to a less active role in decision-making and management of their package.

However you will not be alone, as it is Cura In-Home Care’s responsibility to ensure on-going monitoring and assessment so that the package remains appropriate for you as the individual Consumer. As your Home Care provider, Cura holds the funds on your behalf and works with you to coordinate the services you desire.

In short, Consumers are encouraged to identify goals which could include independence, wellness and enablement to form the basis of the Home Care Agreement and care plan. It’s all about helping you to continue to live a good life at home. You will be able to buy extra services with your own funds if you wish to receive more assistance than what is covered by your government provided home care package.

WHAT KIND OF ASSISTANCE CAN I HAVE?

The funds in your home care package are there to pay for help that keeps you safe and well at home. There are three types of assistance that you can have; here are some examples, but you can discuss with you Case Manager as to having other services:

Personal Assistance:

- Dressing, showering
- Preparing meals

General Support Services:

- Doing the cleaning and laundry
- Doing the shopping and getting to appointments
- Encouragement with taking part in social and community activities
- Gardening and home maintenance
- Changers to your home to make it safer and easier for you to live at home

Help to Stay Healthy

- Arrange nurse visits
- Seeing professionals such as speech therapists, occupational therapists, dentists, podiatrists and dieticians
- Providing technological devices, equipment and other items that help you to remain active and mobile
- Looking after your personal hygiene.
- Making yourself understood and generally stay safe.



Introduction to new staff member

It is our pleasure to introduce our newest staff member, Claudia, who has recently joined our Care Team.

Claudia completed her studies which was a degree in Social Sciences – Family and Children Studies - in Germany in 1987 and has been working in the social sector ever since. She has also completed her Certificate III in Community Care. This has reinforced Claudia's passion to help people to build better lives through her work in the social fields in which she has been

trained and continues to work.

Claudia migrated to Australia in 2008.

Claudia worked as a Social Worker for the Department for Child Protection in Geraldton from 2009 – 2011 and in August 2012, she commenced with Cura In-Home Care as a Support Worker. She was promoted to the position of Support Co-ordinator in February 2015.

As with all of Cura In-Home Care's dedicated staff, Claudia is extremely dedicated and enthusiastic about working with aged people in order that the people she looks after remain as independent as possible and in their own homes.

She hasn't met all of the people that make up our organisation yet, so Claudia is looking forward to meet those people she hasn't yet met very soon.

SUPPORT WORKERS NEEDED

CURA IN -HOME CARE is looking for Dutch/German speaking Support Workers for our consumers who live in Morley, Midland, Belmont, Gosnells and Armadale.

Positions are on a casual basis.

Certificate III in Aged Care is preferred, but free training will be offered to suitable candidates. Applicant needs to have a current license, reliable car and a current police clearance.

We offer a supportive environment and salary packaging. For further information please contact care@cura-inhomecare.org.au or phone Regine (Care Team Manager) on 9388 1678

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Want to talk to a Board Member?

Please contact the office.

THE OFFICE STAFF:

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Robert

Care Team Manager:

Regine

Care Team Coordinators:

Annegret

Claudia

Scheduler: Jose

CVS/HVS Coordinators:

Babette

Financial Controller:

Phanny

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Asst. Editor: Pieter Leeftang

Cura in-home Care Newsletter

Dutch Aged Care (WA) Inc t/a
Cura In-Home Care

**Renewal subscription for the period from
1st July 2015 – 30 June 2016**

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All donations \$2.00 and over are tax deductible.

The above membership fees are GST inclusive.

The principal aim of Dutch Aged Care (WA) Inc shall be to assist in maintaining or improving the quality of life of persons who are aged and living in the Perth (WA) metropolitan area and who identify with the Dutch or German speaking culture.



*"I don't like to be the one
to have to tell you this
Sadie, but there's a rumour
going around that your
husband Max is chasing
women. And him over 80 !"*

*"Yeah! so he's 82, so what?
Let him chase girls.
Dogs chase cars but
when they catch one,
can they drive it?!"*

**Cura In-Home Care.
New Members
to May 2015**

**Mrs Mary Brinkman
Mrs Matty Mentz**

Cura in-home Care Newsletter

Dear Consumer,

What a busy start to the New Year we have had for everybody in the organisation as we all prepare for all of the changes that are coming as we transition to Consumer Directed Care (CDC) on July 1 2015.

We would like to give you the opportunity to learn more about how to use the new approach in the care that Cura In-Home Care provides you to your best advantage. To help us achieve the highest standard of care for you, we have invited a guest speaker from COTA (Council on the Ageing WA), to give you a presentation about CDC's.

Topic: Controlling My Own Life: Making the most of Consumer Directed Care

Date: Monday 15th June

Time: 11.00 am

Venue: Neerlandia Club House, 230 Cambridge St, Wembley

You will be able to ask all of the questions that you desire after the session, which will be for one hour, and after that, the Care Team and Financial Controller will answer any extra questions that you might have as the CDC's relate to the service that Cura In-Home Care provides to you. This can be done individually or within the group – the choice is up to you.

If you wish to bring a family member, you are very welcome to do so – in fact we encourage you to do that, as we really do understand that the transition to CDC's could be very overwhelming to some consumers.

Should you have any questions about CDC's prior to the presentation, please feel free to contact us with those questions. Our concern is that we don't want any of our consumers to feel any anxiety about how CDC's will have an impact on how Cura In-Home Care delivers its services to you.

As always, we will provide the highest standard of care that is possible.

Cura In-Home Care needs to know if you need transport or if you come with a family member. Of course, the session and transport is offered at no charge to you and we will provide complementary tea/coffee and biscuits.

We all look forward to seeing you at the presentation and ask that you reply as per below so that we can arrange the transport and catering for you.

RSVP: latest by 05th of June 2015 to the Care Team

Telephone: 9388 1678 or

Email: care@cura-inhomecare.org.au

Kind regards,
Regine Rohmann
Care Team Manager
Cura In-Home Care

The "Markthal" in Rotterdam

THE NETHERLANDS OPENS THE DOORS OF AN ARCHITECTURAL MASTERPIECE "THE MARKTHAL" IN ROTTERDAM

Indoor market and housing units are all part of an innovative "Horseshoe" building.

The first indoor market in the Netherlands "Markthal Rotterdam", has opened its doors to architectural attention. The innovative structure includes an indoor food market, shops, restaurants and 228 apartments. This 312,000 square foot



space, located in the centre of Rotterdam, has been lovingly nicknamed

the "Pencil Sharpener" by the local community. The project was designed by Dutch architects MVRDV and features on the ceiling a 36,000 square foot mural titled "Cornucopia".

Cornucopia was created by Dutch artists Arno Coenen and Iris Roskam.

The artwork includes depictions of fresh market produce, a reflection of a myriad of goods sold in the market below.



Below the roof there are 228 modern apartments on the upper nine stories of the markethall. Some of these apartments are for sale and some are for rent. Each unit features either a window looking out into the market, or has a glass square in the floor through which residents can look down in the bustling venue below.



The Markthal Rotterdam took five years to construct and is enclosed with giant glazed walls at either end to offer shelter from any weather while still allowing plenty of light.

The Markethall, which was opened by Queen Maxima in October last year was expected to bring

4.5 to 7 million visitors per year.

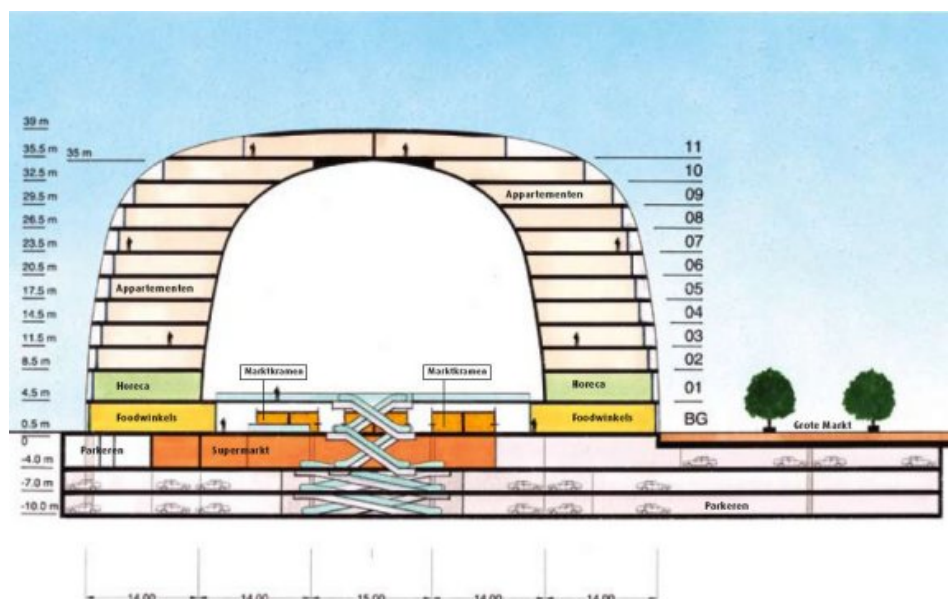
However six months after the opening the 5-millionth visitor was

welcomed on 24 April 2015.

It is located in the middle of the lively Laurens district of Rotterdam, within walking distance of the Blaak Railway Station and is open from 9am to 8pm seven days a week.



(Text copied from The Echo, the Official Newsletter of the Netherlands Society Christchurch, pictures from the Internet)



WALKING ON THE GRASS

The room was full of pregnant women with their husbands.

The instructor said, "Ladies, remember that exercise is good for you. Walking is especially beneficial. It strengthens the pelvic muscles and will make delivery that much easier.

Just pace yourself, make plenty of stops and try to stay on a soft surface like grass or on an earth path." "Gentlemen, remember -- you're in this together.

It wouldn't hurt you to go walking with her. In fact, that shared experience would be good for you both." The room suddenly became very quiet as the men absorbed this information. After a few moments a man, name unknown, at the back of the room, slowly raised his hand.

"Yes?" said the Instructor.

"I was just wondering if it would be all right, if she carries a golf bag while we walk?"

(Brings a tear to your eye, doesn't it?)

The Irish Doctor's Assistant

A doctor in Dublin wanted to get off work and go fishing, so he approached his assistant.

"Murphy, I am going fishing tomorrow and don't want to close the clinic. I want you to take care of the clinic and take care of all me patients".

"Yes, sir!" answers Murphy. The doctor goes fishing and returns the following day and asks: "So, Murphy, how was your day?"

Murphy told him that he took care of three patients.

"The first one had a headache, so I gave him some Paracetamol."

"Bravo Murphy my lad and the second one?" asks the doctor.

"The second one had indigestion and I gave him Gaviscon, so I did sir," says Murphy.

"Bravo, bravo! You're good at this and what about the third one?" asks the doctor.

"Sir, I was sitting here and suddenly the door flies open and a young gorgeous woman bursts in, so she does. Like a bolt outta the blue, she tears off her clothes, taking off everything including her undies and lies down on the table, and shouts: 'HELP ME for the love of St Patrick! For five years I have not seen any man!'"

"Tunderin' lard, Murphy, what did you do?" asks the doctor.

"I put a few eye drops in her eyes, says Murphy.

The Irish Priest

Father O'Malley rose from his bed one morning. It was a fine spring day in his new west Texas mission

parish.

He walked to the window of his bedroom to get a deep breath of the beautiful day outside.

He then noticed there was a jackass lying dead in the middle of his front lawn. He promptly called the local police station.

The conversation went like this: "Good morning. This is Sergeant Jones. How might I help you?"

"And the best of the day to yerself. This is Father O'Malley at St. Ann's Catholic Church. There's a jackass lying dead in me front lawn, would ye be so kind as to send a couple o'yer lads to take care of the matter?"

Sergeant Jones, considering himself to be quite a wit and recognizing the foreign accent, thought he would have a little fun with the good father and replied: "Well now Father, it was always my impression that you people took care of the last rites!"

There was dead silence on the line for a short moment Father O'Malley then replied: "Aye, 'tis certainly true; but we are also obliged to notify the next of kin first, which is the reason for me call."

Lost wives

Two guys, one old, one young, are pushing their carts around Wal-Mart when they collide.

The old guy says to the young guy, "Sorry about that. I'm looking for my wife and I guess I wasn't paying attention to where I was going."

The young guy says: "That's OK, it's a coincidence. I'm looking for my wife, too... I can't find her and I'm getting a little desperate."

The old guy says, "Well, maybe I can help you find her... What does she look like?"

The young guy says: "Well, she is 27 yrs. old, tall, with red hair, blue eyes, has long legs and is wearing short shorts."

What does your wife look like?"

To which the old guy says: "Doesn't matter, --- let's look for yours first."

The Operation

An older gentleman was on the operating table awaiting surgery and his son, also a doctor, would perform the operation.

As he was about to get under the anaesthesia, he summoned his son. "Yes, Dad, what is it?"

"Don't be nervous, son; do your best, and just remember, if it doesn't go well, if something would happen to me, your mother is going to come and live with you and your wife...."

De Minnares

Een man en vrouw dineren samen in een heel slijk restaurant, wanneer een verblindend mooie jongedame naar hun tafeltje komt, de man een dikke zoen geeft, zegt dat ze hem straks wel zal zien en terug wegwandelt.

De vrouw staart naar haar man en zegt: 'Verdomd, wie is dat ???'

'Oh', zegt de man, 'dat is mijn minnares...'

'Wel', zegt de vrouw, 'dat doet de deur dicht, ik wil scheiden!'

'Ik kan dat begrijpen', zegt de man, 'maar denk eraan dat wanneer wij gaan scheiden, er geen inkoopreisjes naar Parijs meer zijn, geen wintervakantie meer op Barbados, geen zomerverblijf meer in Toscane, geen Ferrari of Mercedes meer in jouw garage en geen zeiljacht meer in de jachthaven. Het is jouw beslissing.' Juist op dat ogenblik, komt er een vriend van het echtpaar het restaurant binnen met een stoot van een babe aan zijn arm.

'Wie is die vrouw bij Jim?' vraagt de vrouw.

'Dat is zijn minnares', zegt haar man.

Antwoordt zijn vrouw: 'De onze is mooier hé' !!!

Drie werkeloze Poezen staan te kletsen

Anneke de 1ste poes, zegt : "Ik zou graag bij 'Friesche Vlag' werken: 's morgens melk...

's middags melk...èn 's avonds melk" !



Noortje, de 2e poes, antwoord :

"Ik zou liever bij 'Whiskas' werken : 's morgens 'Whiskas'...'s middags 'Whiskas'... èn 's avonds 'Whiskas' !!

Neeltje, de 3e poes, reageert met:

"Ik wil graag bij 'Grolsch' werken"...

De poezen Anneke & Noortje vragen verbaasd :

"Waarom bij 'Grolsch' ?

"Wel", zegt Neeltje : " 's morgens een kater...'s middags een kater... èn 's avonds een kater" !!!



Liefde op de oude dag!

Een ouder echtpaar zagen een romantieke film gaan darna naar bed. De man valt bijna ineens in slaap als zijn vrouw zegt: "Vroeger hield je mijn hand vast als we gingen slapen".

De man pakt heel even de hand van zijn vrouw en draait zich vervolgens weer om om te gaan slapen. Even later zegt zij: "En je kuste me altijd als we

gingen slapen".

De man draait zich om en geeft een vluchtige kus op haar wang en draaid zich weer om.

30 seconden later zegt ze vervolgens: "En je beet me altijd heel liefdevol in mijn nek".

De man slaat de dekens weg en stapt uit bed.

"Wat ga je nou doen?" vraagt ze aan haar man.

Waarop hij antwoordt: "Ik ga even mijn tanden pakken".

De Thermosfles.

Een Belg komt bij Blokker in Breda en ziet een thermosfles staan.

Hij vraagt aan de verkoopster : 'Wat is dat?'

'Nou, zegt de verkoopster, dat is een thermosfles,



alles wat je er koud instopt blijft koud en alles wat je er warm instopt blijft warm.

'Ik neem er een', zegt de Belg.

Teruggekomen in België, neemt hij de thermosfles mee naar z'n werk en zijn collega vraagt: 'Wat is dat?' Dus hij zegt: 'Dat is het nieuwste uit Nederland: een thermosfles. Alles wat er warm in gaat blijft warm en alles wat er koud ingaat blijft koud'.

Vraagt zijn collega: 'Wat heb je er nu inzitten?'

Zegt die Belg: '2 koppen koffie en een Magnum!'

Opa's zijn heel slim.....

Ik liep in het park te wandelen met mijn kleindochter. Zij pakte iets van de grond en wilde het in haar mond stoppen.

Ik nam het haar af en vertelde haar dat niet meer te doen.

"Waarom?" vroeg ze.

"Omdat het op de grond gelegen heeft, je weet niet waar het overal geweest is, het is vuil, en waarschijnlijk kleven er bacteriën aan.

Bacteriën maken kleine meisjes ziek en zorgen ervoor dat ze zich niet goed voelen" was mijn antwoord.

Nu keek mijn kleindochter mij in volle bewondering aan en vroeg "Opa, hoezo weet jij al die dingen?? Je bent zo slim."

Ik antwoordde snel en zei: "Alle Opa's weten dat. Het hoort bij het Opa examen. Daar moet je voor slagen anders kun je geen Opa worden."

We wandelden enkele minuten in stilte door, ze was duidelijk die informatie aan het verwerken.

"Oh.... Ik begrijp het, "riep ze spontaan.

Als je dat examen niet haalt moet je Oma worden."

"Precies," zei ik glunderend.

Research Shows Swapping Gut Bacteria Can Reverse Type 2 Diabetes and Other Diseases

A researcher in Amsterdam, Dr. Max Nieuwdorp, has published a number of studies looking at changes in the microbiome that are characteristic of type 2 diabetes.

In one trial, he was able to reverse type 2 diabetes in all of the 250 study participants by doing fecal transplantations on them. Remarkable as it may sound, by changing the makeup of the gut bacteria, the diabetes was resolved.

Dr. Perlmutter has embraced this new information full force, and has even helped develop a peer-reviewed scientific journal, *Medicus*, that focuses on this kind of research. They're also holding an annual conference to which the leading microbiome researchers in the world are invited.

In his view, the understanding and practical adjustment and modification of the microbiome is an important part of the future of medicine.

Fifteen years ago, we thought that the Human Genome Project (HGP) would allow modern medicine to leapfrog into new gene-based therapies that would solve all our ills.

That didn't happen, as HGP discovered that genetics are only responsible for only about 10 percent of human disease, the rest—90 percent—are induced by environmental factors. Now we're coming to realize that your microbiome is actually a driver of genetic expression, turning genes on and off depending on which microbes are present.

"The gut microbiome is 99 percent of the DNA in your body, and it is highly responsive and changeable based upon lifestyle choices, most importantly our food choices," Dr. Perlmutter says. *"There's this beautiful dance that happens between the gut bacteria and your own DNA."*

The gut bacteria actually influenced the expression of our 23,000 genes. Think about that. The bugs that live within us are changing our genome expression moment to moment.

Our genome has not changed over thousands of years. But now, suddenly, because we're changing

our gut bacteria, we are changing the signals that are going to our own DNA; coding now for increasing things like free radicals, oxidative stress, and inflammation. That is a powerful player in terms of so many disease processes...

Two key strategies to nourish and protect your microbiome are to limit your consumption of antibiotics to when they're absolutely necessary, and be judicious in terms of the foods you eat. Ideally, opt for whole, raw organic, non-genetically modified (GM) foods, along with traditionally fermented and cultured foods. Good examples include fermented

vegetables of all kinds, including sauerkraut and kimchi, kombucha (a fermented drink), and fiber-rich prebiotic foods like jicama (Mexican yam), Jerusalem artichoke, garlic, and dandelion greens.

Avoiding confined animal feeding operation (CAFO) meats is also important, as the animals raised in these factory farms are raised



on antibiotics, which changes *their* microbiome as well. This routine practice also promotes antibiotic-resistant bacteria that now threaten the lives of tens of thousands of Americans each year.

Pesticides have also been shown to alter gut bacteria and foster drug-resist bacteria in the soil and food, so organically-grown and raised foods are really your best bet.

"These are all very relevant lifestyle choices that we can make to enhance the health and the diversity of the gut bacteria. That's going to give us a lifelong advantage in terms of being resistant to the very diseases that we dread the most," Dr. Perlmutter says.

(Copied from the internet. No responsibility taken for the accuracy or correctness of the above information)



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GETTING OLDER

A distraught senior citizen phoned her doctor's office.

"Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?"

'Yes, I'm afraid so," the doctor told her.

There was a moment of silence before the senior lady replied: "I'm wondering, then, just how serious is my condition because this prescription is marked 'NO REFILLS'."

DE NEERLANDIA WINKEL

Levensmiddelen en allerlei lekkernijen

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- ... Een sortering van andere koekjes

Important news: Mackerel is still in stock again but Herring is not available

De Neerlandia Winkel is open op de volgende dagen:

- | | |
|-----------------------------------|---|
| Elke woensdag | van 10.00 am - 1.00 pm |
| Elke tweede donderdag (DJVV week) | van 11.00 am - 2.00 pm |
| Elke donderdagavond | van 10.00 pm - 11.00 pm |
| De meeste vrijdagen | van 10.00 am - noon (We adviseren dat u de club van te voren even belt op 9381 3738 om er zeker van te zijn dat de winkel open is.) |

De Neerlandia winkel is bemand door vrijwilligers en daarom moeten de bovenstaande tijden een beetje ruim genomen worden

Hungry for Hartog – Dirk Hartog Island

On the far western edge of the Australian continent lies remote and rugged Dirk Hartog Island, named after Dutch sea captain Dirk Hartog, who was the first to encounter the Western Australian coastline on the 25th October 1616, well before Captain Cook and the First Fleet. Hartog was later followed by other Dutch explorers including Vlamingh in 1697 and Englishman, William Dampier in 1699. Several Frenchmen followed the Dutch including St Alouarn in 1772 and Baudin in 1801.

The island is located off the Gascoyne coast of Western Australia, within the Shark Bay World



Heritage Area. It is about 80 kilometres long and between 3 and 15 kilometres wide and is Western Australia's largest and most western island. It covers an area of 620 square kilometres and is approximately 850 km north of Perth.

In the early 1800s Dirk Hartog Island's most significant industries were guano mining and pearling. In

1867 Francis Louis von Bibra applied for a pastoral lease on the island to farm sheep. In early 1869 the lease was granted and the first sheep were



transported to Dirk Hartog Island. A homestead was built in 1869, along with a 5 stand shearing

shed and a 5 bedroom shearing quarters. The leasehold for the island was acquired by the Withnell brothers from Messrs Moore and Meade in 1907. The island was regarded as an ideal place for a sheep station as there was no danger of rabbit invasion. In 1909 it was carrying a flock of about 12,000 sheep and produced approximately 400 bales of wool. The property was owned by John and James Withnell, the children of John and Emma Withnell who were early settlers in the Pilbara. The brothers had estimated the area of the island to be 156,000 acres (631 km²) and intended to increase the flock on the island to 25,000. By 1910 the flock size was 14,200.

In 1908 constructions began on the Cape Inscription lighthouse, two quarters for the lighthouse keepers, a



store house, oil store and stables with constructions being completed in 1910. A jetty and a tramway were also subsequently built in order to facilitate the delivery of goods to the lighthouse. The freight was hauled up the cliffs on the tramway by a horse-operated winch. The Cape Inscription lighthouse is still functional and the remains of the lighthouse keepers' quarters can also be seen.

By 1919 the pastoral lease was put up for auction by the owner James Nicholas who also owned Croydon and Peron Peninsula Stations. The station occupied an area of 153,000 acres (61,917 ha) and was stocked with approximately 19,000 sheep. In 1968 the Australian government decided to sell the island to the highest bidder and Sir Thomas Wardle decided to purchase the island's pastoral lease for himself. Dirk Hartog Island became a private retreat for Sir Thomas and Lady Wardle who later retired there. The number of sheep was reduced to 6000 and the top half of the island was shut down. In the early 1990s the price for wool declined dramatically and in 1993 Dirk Hartog Island took its first steps into tourism, all sheep were removed. With the exception of the pastoral homestead, the island later returned to government ownership and became part of the Shark Bay



Marine Park. In 1993 Kieran Wardle, the grandson of Sir Thomas Wardle, took over

The Eco Lodge

the island to run a premier eco-tourism resort. The island is now a national park and the future looks bright for the island with bold plans underway to reintroduce some of the island's rare mammals.

Source: www.dirkhartogisland.com, Wikipedia, www.sharkbay.org

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The Friesian City of Sneek



Flag and Coat of arms

Sneek

Sneek is a city situated southwest of Leeuwarden in the province of Friesland (The Netherlands).

As of 2011 it is part of the greater municipality Súdwest Fryslân. The city has approximately 33,000 inhabitants.

It is close to the Sneekermeer and is well known for its canals, the Waterpoort (Watergate) which is the symbol of the city and watersport (Sneekweek). Sneek is one of eleven cities renowned for the of the Friese "Elf Steden Tocht" (Skating event through Eleven cities). The city is very important for the southwest area of Friesland (the "Zuidwesthoek").

History

Sneek had its origin in the 10th century on a sandy peninsula. But it only developed further once the Zuiderdijk of the Hemspolder was created at the crossing of an important waterway (called the *Magna Fossa* in old documents).

In 1295 the largest part of the town was lost in a great fire.

Sneek received official city rights in 1456. Sneek was now one of only eleven Frisian cities. This was also the beginning of a period of blooming trade for the city that would last until about 1550. In 1492 construction of a moat and wall around the city began. In those days Sneek was the only walled city in Friesland. The Waterpoort and the Bolwerk remain today.

The Waterpoort or Hoogendster Pijp is a water gate, a gate in a defensive wall that connects a city to a waterway.

This defensive wall had been built around Sneek in the 15th and 16th century. The city lay on the important



trade route between Leeuwarden and Stavoren, from which the rich western parts of the Netherlands (now North Holland and South Holland) could be reached. To facilitate this trade, a new harbour called the "Kolk" was built to the southwest of the city and in 1613 the Waterpoort was erected to connect city and harbour. It formed part of the city walls, but when large parts of these were demolished in the early 18th century, it was decided to leave the Waterpoort intact.

The style of the gate, now the symbol of Sneek, can be described as Manierist. It is unclear who designed it, but names suggested include those of Thomas Berentsz. and Jacob Lous.

Above the gate itself, which originally would have had wooden gates, is a gallery and above that are the former quarters of the gatekeeper. On each side is an octagonal tower. It is listed as a Rijksmonument.

Holiday Place

During the Sneekweek many people gather in Sneek for the annual sailing festival. Sneek is only a little city, but a very charming one that has a lot to offer. It is right in the middle of the Frisian Lake District and a great place to spend some time. The historical buildings, the great shopping opportunities, the museums, interesting eating places and the many water-based activities make Sneek a great place for a holiday.

Language

Sneek has its own dialect that dates back to the Dutch language before 1600. Snekers is a part of the city Frisian dialects.



Sneek in 1645. It was the only Friesian fortified city at the time.

The Friesian City of Sneek



Sneekweek

Traditionally, the Sneekweek begins in early August.

It is an annual event that is organised by the Royal Watersport Association of Sneek. It is the largest sailing event on European inland waterways. Not only lovers of sailing, but also thousands of spectators come to Sneek for this annual water sports event.

Water sports and parties during Sneekweek.

The festive atmosphere of the Sneekweek is just as well known as the sailing competitions themselves.

Various festive activities include a fair, a big market and other festivities and all that turns the Sneekweek into a great festive week. In Sneek they say for good reason: "Daytime for the honor, the evening for the atmosphere."

Festive tradition



It is traditionally opened by a procession of hundreds of boats followed by great fireworks.

The second final sailing match day is on Wednesday, which is known as Hardzeildag, the highlight of the Sneekweek. On this day there is, among other things, the Friesland-Holland race in which the Frisians have

to compete with the sailors from the provinces of North Holland and South Holland.

Trade and Industry

The famous Dutch clothing store C&A started in 1841 with a store in Sneek.

The Candy factory Tonnema produces Peppermint under the name KING. Since 1964 there's a factory of Yoshida YKK from Kurobe, their Japanese sister city.

Besides all that, the old Herbal Frisian gin called Beerenburg from Weduwe Joustra, is a products that has its roots in Sneek.



Old Burger Weeshuis

Compiled from the internet by Pieter Leeftang



Railway station



Town Hall



Saint Martinus Church

Codebreaker and Sudoku Puzzles

	2		26		5		17		17		5		19	
15	17	3	1	17	7		26	17	24	5	17	19	17	10
	18		9		11		7		24		21		18	
8	18	1	9		6	11	20	18	17	5	11	20	16	24
	10		13		11		16		24				1	
8	22	17	7	9	17	26	10		24	22	11	14	5	10
	20		2				9		11		16			
15	20	26	1	18	17	7		1	16	23	13	9	8	5
			16		11		13				12		7	
24	8	11	4	13	7		26	17	7	20	1	24	13	18
	7				26		18		17		17		5	
8	13	8	8	13	7	9	11	16	5		18	17	25	10
	14		13		17		8		11		11		13	
3	11	7	17	14	14	13	24		14	1	5	11	18	13
	21		23		5		13		10		10		24	

~~A~~ B C D E F G H I J K L M N O P Q R ~~S~~ T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
				T								
14	15	16	17	A						S		

Sudoku Puzzles

The aim of the Sudoku Puzzle is to insert numbers 1-9 in the each row and column, but each 3x3 box must also contain a complete set of numbers 1-9. Last month the same Sudoku was accidentally printed twice!

Sudoku - Easy #02

4		6				2		9
5	7		2		6			
		1			5			8
6		3	4	8	1	7		
7			5			3		
		5						
	8	9				4	3	
	6							1
3		4					6	7

Sudoku - Moderate #2

7	3		2	9	4		6	
		1			6			
4	5			8				
			3				8	6
2	8	3			7	4		
	6						1	
	7			2	5			
8				7				
		5	4			7	9	

CODEBREAKER PUZZLE

A **Codebreaker** is a crossword puzzle with no clues! Every letter of the alphabet has been replaced by a number, the same number represents the same letter always.

The codes for 3 letters are revealed. Start with entering these 3 letters throughout the puzzle first and then start guessing your first word. If you are unsure, use a pencil to start, then if it does not work out you can erase and start again.

The May Codebreaker easy, once you found the words "Ooze, Rococo and Crocodile", you were cruising on the way to complete it.

The detailed solution of the December Codebreaker was:
A=25; B=3; C=1; D=8; E=10;
F=14; G=4; H=26; I=9; J=21;
K=7; L=11; M=23; N=18;
O=13; P=20; Q=12; R=19;
S=15; T=16; U=6; V=17;
W=22; X=5; Y=2; Z=24.

May's

Easy Sudoku solution

1	5	4	9	3	8	2	7	6
6	7	9	1	4	2	8	3	5
8	2	3	7	5	6	4	9	1
4	8	5	2	7	9	6	1	3
7	3	1	6	8	4	5	2	9
9	6	2	3	1	5	7	8	4
5	1	6	8	2	3	9	4	7
2	9	7	4	6	1	3	5	8
3	4	8	5	9	7	1	6	2

May's

Moderate Sudoku solution

9	1	6	2	4	7	3	5	8
2	3	8	9	5	6	1	7	4
4	5	7	1	3	8	9	6	2
5	2	1	8	6	3	4	9	7
3	8	9	4	7	2	5	1	6
7	6	4	5	9	1	2	8	3
6	4	5	3	8	9	7	2	1
8	9	2	7	1	4	6	3	5
1	7	3	6	2	5	8	4	9

Club Information & Links to Dutch Organisations

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LINKS TO OTHER DUTCH ORGANISATIONS:

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Deadlines: Contributions to the Neerlandia magazine should be in the Editor's hands no later than the 15th of each month and should bear the author's name and address. Anonymous letters will be destroyed.

Advertisers wanting to insert or change or re-edit their advertisements are also subject to these conditions.

Anything received beyond the 15th of the month may not be considered for inclusion until the next edition. Due to printing methodology no proof reader's copy can be provided and no responsibility is taken for occasional typographical errors, omissions and minor inaccuracies.

Membership application forms can be obtained from our clubhouse situated at: 230 Cambridge Street Wembley. Details how to become a member and Membership Application Forms can also be downloaded from our Website: www.dutchclubwa.com

Private Member's Parties.

Members, why not celebrate your Wedding Anniversary, that special birthday for you or your parents in the Neerlandia Clubhouse. Contact Lianna Parker on: 0437 629 635 or Margaret Baltes on: 9305 2434. Hall subject to availability.

Neerlandia ensures that the privacy of our members details are maintained and upheld at all times and not disclosed or sold to any other organisation. We are committed to protect your personal information.

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Contact: Anneke Alberink 0434879859
E-mail: anneke.alberink@languageone.nl

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Website: <https://www.facebook.com/pages/Dutch-Playgroup-Perth/210093352389116>

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WOENSDAG KAART CLUB

Information: Freda Hovingh, president 9448 0240
Clubhuis Woensdags van 10.00–14.00 uur.

DE JEUGD VAN VROEGER (DJVV)

Information: Wilma Mitchell 9359 1972
Donderdags om de veertien dagen
10:30-15.00 uur

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Information: Alida Reitzenstein 041 799 4813
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END OF THE MONTH DRINKS

Information: Lianna Parker 0437 629 635
De laatste Vrijdag van de maand 5.30 – 9.00 uur

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In recess until further notice

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Information: M. van Moorsel, Caretaker 9453 3535

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Information: Theo Baars 9534 5366
Donderdagmiddag in Mandurah vanaf 13:00 uur

DE HOLLANDSE FIETSEN CLUB.

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